

RIESGO

Akxní laa xlikana
kaknaniya chatum
chixkú usu puskat,
wamputun mpi
nakgalhagxapata laa
tlan tlaway usu nitlan
tlaway
natatalakgtupiya',
nawana laa akxní nalh
tlan tlawaya ntu
wanipaka chu
nanakgalhagxapata
achatum. #Kit kkatsiy

¡YO DECIDIDO!

DOBLE
PROTECCIÓN

Línea de atención
800 624 64 64



<https://www.gob.mx/conapo/documentos/cartilla-de-los-derechos-sexuales-de-adolescentes-y-jovenes>
<https://www.gob.mx/salud%7Ccnegsr/articulos/servicios-amigables>

XLITAYKAN LAKTSUMAN CHU LAKKAMANAN XLAKATA XMAKNIKÁN

1 Kgalhiyaw litay
kini kiakstukan
natapakgsiyaw,
nakinkalixakgatli
kanan xlakata
kimaknikán chu
lala tasiyuy wapi
puskat usu
chixkú' kin.

2 Kgalhiyaw litay namaskujuyaw
chu nalipaxuwayaw lala tasiyu
kimaknikán xla puskat usu xla
chixkú'.

4 Kgalhiyaw litay
kini nalaksakaw
ntikú
natatalagxtumi
yaw,
nalakgkatsanaw
chu
natalapaxkiyaw.

Wapi winti tatalagxtupiputuna'
ankgalhín wix nawana mpara tlan usu
nitlan tlawaya', xlitatamaksgkagalat,
xlitakgalaskinanti xpalakat chu lichatuy
xlitakgalaskininit. Kakimp kgalaskininana'
uyama xpalakat antani lixakgatligokan
kamanan chu laktsuman ntani xaxlikana
xaktanks namakatsinikana xlakata
kimaknikán chu lala talagxtumikan. #Kit
kkatsiy

6 Kgalhiyaw litay
nalatamayaw
kakilhnamakú, ni
nakatsanaw, ni
nalipuanaw, chu
natalagxtumiyaw.

3 Kgalhiyaw
litay
nalamasiyu
niyaw pi
lapaxkiyaw
ntani maski
tsamakán.

5 Kgalhiyaw litay
tini
namakgtanuy
xlakata ntu
kimpalakataka
n chu nti
tatalagxtumik
goyaw chu pi ni
xlimasiyut
achatam tu kin
tlawayaw.

Tipalhuwa anani lala masipanikan
chatum puskat, laa kumu chu mpara
na'akglhakga xakgatlikana',
mawilnikana', namakglhtikana ntu
militay, xla tumin, chu xla mimakni'.
#kiliputumkan kilimaspututkan
tamasipanit. #Kit kliakgliwan
kilitaykan.

8 Kgalhiyaw litay paks
lakxtum
nakinka'ukxilhkanan.

7 Kgalhiyaw
litay
nakinkalixa
kgatlukanan
xalala
lakachinaw
kakilhnama
kú chu wapi
nachaxputu
naw chatum
skgata'.

CHA MAA WAKANI KUCHU' CHU ATANU PARA
DROGA, LAKGALHIYI KIMAKNIKAN CHU
KIAKGXAKGAKAN, NACHUNA TAKATSIYI MPI
WAPI KGACHIYA TLAGG KAPALA MPARA
NIMIAKSTU NAWANA CHU MPARA
NACHIPAYANI AKGTUMI NTAJATAT
XPALAKAT. #ITS. #KIT KTAMAKGSGKALAY

9 Kgalhiyaw litay ni
nakinkalakgmakga
nkanan.

TINI LAA MPARA NAMAFUERZALIYAN
NATATALAGXTUPIYA'. WAPI CHIPAKGON,
XAMAKGON USU FUERZA MATLAWIKGON
NTU NI XTLAWAPUTUNA' KALIXAKGATLI
WANTI LUWA LIPAWANA' CHU KASKINTI
NAUKXILHAN CHATUM MAKUCHINA,
CHATUM MAKGATANKSANA' CHU CHATUM
KCALHMAKGTAYANA'. #KIT KKATSIY.

10 Kgalhiyaw litay
nakinkamakatsinikanan xalakatanks,
xaxlikana, xaputuminika tachuwin
xlakata kimaknikan chu lala tasiyuy.

XLITAYKAN LAKTSUMAN CHU LAKKAMANAN XLAKATA XMAKNIKÁN

11 Kgalhiyaw litay
nakgalhtawakgayaw xlakata
kimaknikan chu lala tasiyuy

12 Kgalhiyaw litay
nakinkamaxkikanan tamakgtay
xlakata kimaknikan chu xla
tachixkuwitat

Kgalhiyaw litay
nawanaw wapi puskat
usu chixkú' kin.

Akxni laa xlikana kaknaniya chatum
chixkú' usu puskat, wamputun mpi
nakgalhagxapata laa tlan tlaway usu
nitlan tlaway natatalagxtupiya',
nawana laa akxni nalh tlan tlawaya ntu
wanipaka chu nanakgalhagxapata
achatam. #Kit kkatsiy

14 Kgalhiyaw litay
namakgtanuya
w ntani
lakkaxlakan
xalitay xlakata
kimaknikan chu
xla
tachixkuwitat.

Wapi lakgapasa ntu
litamaksgkagalakan chu
aktanks namaklakaskina'
namakgtayayan nich miakstu
wampat. Wapi lakaskina
nalixakgalhikana' kakilhpi
antá 800624646 KitKkatsiy
#nikintimasipanikanNikiakstu
nakwan

Tipalhuwa anani lala
masipanikan chatum
puskat, laa kumu chu
mpara na'akglhakga
xakgatlikana',
mawilnikana',
namakglhtikana ntu
militay, xla tumin, chu
xla mimakni'.
#kiliputumkan
kilimaspututkan
tamasipanit. #Kit
kliakgliwan kilitaykan.

